

# Bournbrook Varsity Medical Centre

1A Alton Road, Selly Oak, Birmingham B29 7DU

Tel: 0121 472 0129

Open Monday to Saturday

Dr C Allen - Partner, Dr M Swallow - Partner

Dr M Philp, Dr A Nijjar, Dr H Cole, Dr S Ali, Dr S Clarke, Dr J Tatlock - Associates

## Dear Parent

We are writing to inform you of the local child health services available to you and your baby.

If you have not already done so, **PLEASE REGISTER YOUR NEW BABY AS SOON AS POSSIBLE AT THE REGISTRY OFFICE AND ALSO AT THE PRACTICE** (practice registration forms are enclosed or complete online at [www.bournbrookvarsitymedical.co.uk/online-registration-form/](http://www.bournbrookvarsitymedical.co.uk/online-registration-form/)).

## Postnatal Check

You will be sent an appointment letter for you and your baby to attend the surgery for an 8 week postnatal check with the doctor. **Please note that for the 8 week check, your child MUST be seen by the Health Visitor prior to seeing the doctor (Health Visitor at 6 weeks).** On arrival for your postnatal checks, you will be asked to book baby in for their first immunisations with the practice nurse; this will be a double appointment during normal surgery hours Monday to Saturday.

## Health Visitor Service

The health visitor provides well baby clinics to weigh baby and give advice and support. Please bring your red book to every appointment. These clinics are held at Charlotte Road Health Centre, 45 Charlotte Road, Stirchley Birmingham B30 2BT. Please call 0121 466 4520 to confirm days and times.

Please remember that these services are for well babies; please do not bring ill children to these clinics. Should your child become ill, please contact the surgery to arrange a routine appointment.

## Toys

We are restricted on the type of toys we can provide at the surgery so we ask that you kindly bring along a small toy to occupy your child during your visit.

## Prams/Pushchairs

The centre has a designated pram/pushchair area within the main waiting area. We kindly ask that you leave your prams/pushchairs in this area during consultations so that in the event of an emergency evacuation these do not cause any obstruction to the swift, safe and easy exit of all guests and staff on site.

The doctors and staff are here to help you and we look forward to seeing you.

## Immunisations

The nurse is available to immunise your child. Please book an appointment to see her. Below is the national schedule for childhood immunisations which are offered here at the surgery:

When to Immunise	What is given	How it is Given
2 Months	Diphtheria, Tetanus, Pertussis (whooping cough), Polio, HIB & Hep B Meningitis B* Rotavirus	Three Injections  Oral Vacc
3 Months	Diphtheria, Tetanus, Pertussis (whooping cough), Polio, HIB & Hep B Pneumococcal Rotavirus	Two Injections  Oral Vacc
4 Months	Diphtheria, Tetanus, Pertussis (whooping cough), Polio, HIB & Hep B Meningitis B*	Two Injections
12 Months	HIB and Meningitis C Measles, Mumps and Rubella (MMR) Pneumococcal Meningitis B*	Four Injections
3 years and 4 months – 5 years	Diphtheria, Tetanus, Pertussis (whooping cough), Polio Measles, Mumps and Rubella (MMR)	Two Injections
12 to 13 years	Human Papillomavirus (HPV)	Two doses 6-24 months apart
13 to 18 years	Diphtheria, Tetanus and Polio Meningitis C & Meningitis W (MenACWY)	Two Injections

If you have any reservations about your baby being vaccinated, the nurse, doctor or health visitor will be only too pleased to discuss these with you. The practice is monitored by the Department of Health on vaccine uptake and we request that if you do not wish your child to have a vaccination that you refuse in writing. The practice will send a reminder letter if your child is overdue.

It is recommended to give a dose of Calpol before your child receives the Meningitis B vaccination. This will be provided by the surgery for their first vaccine at the time of the appointment. Details of the use of Calpol following the Meningitis B vaccine will be given to you by the nurse during the appointment.