

Implant – Post removal advice

What care do I need to take over the next few days?

- You will have a pressure bandage fitted over the site from where the implant was removed. This is to help reduce the possibility of bruising and bleeding in the area. It is important that you keep this bandage firmly in place for two days (48 hours). While the bandage is in place, please keep the area clean and dry. If you need to shower, please cover the area so that it remains dry.
- When you remove the bandage, you may find a couple of sticky strips that hold the incision (cut) together. These will fall off automatically once the wound has healed. Please do not remove these when you take the bandage off.
- If you feel that the bandage is too tight or that your fingers are feeling numb or cold you may loosen the bandage but make sure that it is still firmly wrapped around the site.
- Very occasionally you may have a stitch at the site. The doctor or nurse will advise you about its removal.
- Usually you will not need any additional pain relief. If required, please take whatever you would normally take for pain relief (Paracetamol or Ibuprofen tablets with food).