

## **MINOR SURGERY - INFORMATION LEAFLET**

The Bournbrook Varsity Medical Centre has provided minor surgery procedures to patients in the local community for many years. Our well-equipped, newly built centre has a dedicated minor surgery suite to provide you with a comfortable and efficient service in a location close to home, without the pressure of attending hospital.

### **PROCEDURES**

We perform the following procedures onsite;

<b>Incisions</b>	<b>Excisions</b>	<b>Injections</b>
Abscesses	Sebaceous Cysts	Joint Injections
Cysts	Lipoma	Aspirations
	Skin Lesions for Histology	
	Intradermal Naevi	
	Papilloma	
	Dermatofibroma	
	Removal of toe nails (partial & complete)	

*(To obtain these services you must have had a referral from your own GP)*

### **PRE-OPERATIVE ADVICE & INFORMATION**

**Food & Drink** – The procedures undertaken at this Centre are unlikely to require you to starve prior to surgery but should this be necessary we will advise you of this prior to your appointment.

**Allergies** – It is very important that you inform us of any known allergies you have including latex and dressing materials.

**Scarring** – It is impossible to guarantee a scar free outcome for any minor surgery procedure. The Surgeon will discuss any possible scar risk with you in detail prior to the procedure.

**Risk of Infection** – This is small as all instruments used are single use, disposable and sterile. Appropriate hygiene procedures are followed and national wound infection rates are in the region of 1% (1/100). The Surgeon will discuss this with you.

**Medication** – When your GP refers you to the Centre they are requested to provide us with a list of your current medications. You will be asked to confirm these details to be correct prior to any operation being performed. We also need to be aware of any regular medication you take that is not prescribed to you (for example; Aspirin purchased over the counter). If you are on Warfarin or any other blood thinning preparations you **MUST** tell us.

**Anaesthetic** – We use two types of local anaesthetic; Lidocaine and Xylocaine. The Surgeon will decide upon the most appropriate for the procedure. These are commonly used by both dentists and doctors in daily practice and they have very few side effects. They remove the pain sensation but you may be able to feel a touch to your skin. This should not be painful.

**Histology** – The Surgeon may decide to run tests on any excised tissue. The sample will be sent to the Histology Department at University Hospital Birmingham for analysis. For results please telephone the Centre 1 week later between 1.00pm – 1.30pm and ask to speak to the nurse. A copy of your result will also be sent to your own GP.

**Driving** – In most circumstances you should be able to drive after a minor surgery procedure with the exception of in-growing toe nail procedures where we believe it is not wise to drive until the next day.

**Work** – Advice about work depends on the procedure being performed and the type of work that you do. The Surgeon and your own doctor will be able to provide you with specific advice regarding any precautions you should observe regarding this.

## **POST-OPERATIVE ADVICE AND INFORMATION**

**Pain Relief** – The effects of local anaesthesia varies and is dependent upon the amount given during the procedure and the patient's body mass. In most cases simple pain relief such as Paracetamol will suffice. The doctor performing the procedure will advise you further both verbally and in writing.

**Hygiene and Dressings** – These are dependent on the procedure performed. The Surgeon will be able to give you more information at the time of the procedure.

**Post Operative Wound Infections** – These are uncommon but are a risk of any surgical procedure. It is important to keep the wound clean after the procedure and follow any advice regarding dressings given by the Surgeon. Signs of wound infection include worsening pain, redness or discharge around the wound. Infections are most likely in the first 3-5 days. Please contact the Centre if you have any of these symptoms or other concerns.

**Suture Removal / Management** – If you require sutures (stitches) you will be advised of this. We use both dissolvable and non-dissolvable sutures. You will be advised on the type of suture used at the time of the procedure. If you require a follow up appointment to remove them you will be able to book an appointment for this on the day of your operation.

It is the responsibility of the Centre to provide follow up treatment in relation to any operation we have performed.

**Surgical Outcome** – Most minor operative procedures will give a complete cure. However, there are a few conditions that may recur with the passage of time. These are unpredictable and we would be pleased to see you again if this happens.

## **EVALUATION**

We welcome your feedback and suggestions. Every patient undergoing an operation is asked to complete an evaluation form so that we can provide the best service and make improvements where possible.

## **LOCATION**

The Bournbrook Varsity Medical Centre is located at 1a Alton Road, Selly Oak, Birmingham B29 7DU. This is just off the main Bristol Road, directly opposite Tesco Express / Esso Garage. We are conveniently located near main bus routes; 61, x62, 63, 144 and 76, Selly Oak train station is close by and for blue badge holders disabled parking is directly outside the building. The Centre does not have a patient car park.