

Bournbrook Varsity Medical Centre

1A Alton Road, Selly Oak, Birmingham B29 7DU

Tel: 0121 472 0129

Open Monday to Saturday

Dr C Allen, Dr S Clarke, Dr A Dungate, Dr M Swallow - Partners

Dr M Philp, Dr A Nijjar, Dr H Cole, Dr S Ali, Dr J Tatlock, Dr N Ahmad, Dr N Grant - Associates

Dear Parent,

We are writing to inform you of the local child health services available to you and your baby.

If you have not already done so, **PLEASE REGISTER YOUR NEW BABY AS SOON AS POSSIBLE AT THE REGISTRY OFFICE AND ALSO AT THE PRACTICE** (*practice registration forms are enclosed or complete online at www.bournbrookvarsitymedical.co.uk/online-registration-form/*).

Postnatal Check & 1st Immunisations

You will be sent an appointment letter or SMS for you and your baby to attend the surgery for an 8 week postnatal check with the doctor and A Nurse appointment to have the babies first immunisations on the same day. **Please note that for the 8 week check, your child MUST be seen by the Health Visitor prior to seeing the doctor (Health Visitor at 6-7 weeks).**

Health Visitor Service

The health visitor provides well baby clinics to weigh baby and give advice and support. Please bring your red book to every appointment. These clinics are held at Charlotte Road Health Centre, 45 Charlotte Road, Stirchley Birmingham B30 2BT. Please call 0121 466 4520 to confirm days and times.

Please remember that these services are for well babies; please do not bring ill children to these clinics. Should your child become ill, please contact the surgery to arrange a routine appointment.

Toys

We are restricted on the type of toys we can provide at the surgery so we ask that you kindly bring along a small toy to occupy your child during your visit.

Prams/Pushchairs

The centre has a designated pram/pushchair area within the main waiting area. We kindly ask that you leave your prams/pushchairs in this area during consultations so that in the event of an emergency evacuation these do not cause any obstruction to the swift, safe and easy exit of all guests and staff on site. In the event that you do take prams/pushchairs into consulting rooms we ask that, if the fire alarm was to sound, that the child should be removed and the pram/pushchair left in the room.

The doctors and staff are here to help you and we look forward to seeing you.

Immunisations

The nurse is available to immunise your child. Please book an appointment to see her. The national schedule for childhood immunisations which are offered here at the surgery can be found online:

<https://www.gov.uk/government/publications/routine-childhood-immunisation-schedule/routine-childhood-immunisations-from-1-july-2025-babies-born-from-1-july-2024>

If you have any reservations about your baby being vaccinated, the nurse, doctor or health visitor will be only too pleased to discuss these with you. The practice is monitored by the Department of Health on vaccine uptake and we request that if you do not wish your child to have a vaccination that you refuse in writing. The practice will send a reminder letter if your child is overdue.

It is recommended to give a dose of Calpol before your child receives the Meningitis B vaccination. Details of the use of Calpol following the Meningitis B vaccine will be given to you by the nurse during the appointment.